

## ***Revised for 2016! – Available in December***

MORE THAN HALF OF CHILDREN REPORT BEING INVOLVED IN APPEARANCE-BASED BULLYING. **BE PART OF THE SOLUTION!**

**Beyond Images** is a **free self-esteem and body image curriculum** for grades 4 through 8, addressing critical media literacy, digital citizenship, body-based bullying, and more. Students explore how and why media messages are constructed, looking at the implied and overt meanings — and then learn to create their own!

**Updated for 2016**, Beyond Images now includes more materials to help students develop resilience and understand that appearance ideals are a social construct, not a character judgment, and see that social media images are manipulated in much the same way as mainstream media messages. Students will learn to celebrate their authentic selves, and to stand up for others against bullying.

The 2016 revisions include **updates to meet new curriculum standards** across Canada. Each grade now comprises FIVE lessons, and each lesson contains objectives, lesson plans, student worksheets, and evaluation rubrics. Tip sheets and backgrounders covering key aspects of the curriculum round out the teaching package. Activities go beyond just writing exercises to include drama, music, spoken word, and video editing to allow students to express themselves in ways that truly represent their inner selves.

Suitable for both girls and boys in grades 4-8, Beyond Images is a **complete classroom tool**. It is appropriate for use by after-school or youth-focused public health programs. Through the generous support of the *Dove Self-Esteem Project*, **Beyond Images** remains a free curriculum.

*Beyond Images will be available in December. Stay tuned for more details!*